



# **Family and Social Services Administration**

## **Community and Home Options to Institutional Care for the Elderly and Disabled**

### **Annual Report SFY 2004**

**July 1, 2003 to June 30, 2004**



**Community and Home Options to Institutional Care  
For the Elderly and Disabled  
Annual Report  
FY 2004**

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## **Executive Summary**

The Community and Home Options to Institutional Care Program (CHOICE) was established during the 1987 legislative session through House Enrolled Act (HEA) 1094 and began as a pilot program in Knox, Daviess, and Tippecanoe counties in 1988. The program went through several expansions that resulted in services to all of Indiana's 92 counties in 1992. CHOICE is funded exclusively with state dollars.

CHOICE funding for services is used after all other possible payment sources have been identified and all reasonable efforts have been employed to utilize those sources. To be eligible for CHOICE funding of services, an individual must be a resident of Indiana and be at least 60 years old or older, or disabled. Throughout SFY 2004, the CHOICE program continued to offer community and home care services to those individuals who met eligibility requirements.

## **Basis for the CHOICE Annual Report**

IC 12-10-10-11 is the basis for the CHOICE annual report. The code is listed below along with the appropriate statistics and data from SFY 2004 that addresses each part of the code.

### **IC 12-10-10-11**

#### **Reporting requirements; contents; submission to board and general assembly; funding**

Before October 1 of each year, the division, in conjunction with the office of the secretary, shall prepare a report for review by the board and the general assembly. The report must include the following information regarding clients and services of the community and home options in institutional care for the elderly and disabled program and other long term care home and community-based programs:

#### **IC 12-10-10-11(a) (1)**

The amount and source of local, state and federal dollars spent.

#### **SFY 2004**

Total Expenditures (CHOICE, SSBG, Title III, Assisted Living, Aged and Disabled, Medically Fragile Children and Traumatic Brain Injury Medicaid Waivers)  
\$109,350,061

Total CHOICE Expenditures  
\$35,894,822<sup>1</sup>

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<sup>1</sup> Information Source – Indiana Division of Aging 2004 Annual Report

**IC 12-10-10-11(a) (2)**

The use of community and home options to institutional care for the elderly and disabled program supplementing the funding of services provided to clients through other programs.

**SFY 2004**

Total number of clients who used the CHOICE program to supplement the funding of services provided through other programs:

3,401

**IC 12-10-10-11(a) (3)**

The number and types of participating providers.<sup>2</sup>

**SFY 2004**

Total Number of CHOICE Providers:

1,728

**Types of Participating CHOICE Providers:**

- Adult Day Care Centers
- Area Agencies on Aging
- Assistive Technology Suppliers
- Cleaning Service Companies
- Construction Companies
- Doctors
- Faith-Based Social Service Agencies
- Home Delivered Meals Services
- Home Health Agencies
- Home Nursing Agencies
- Hospitals
- Legal Service Organizations
- Local Housing Authorities
- Medical Centers
- Medical Equipment Companies
- Mental Health Agencies
- Pest Control Companies
- Pharmacies
- Physical Therapists
- Transportation Companies

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<sup>2</sup> Information Source - INsite (Indiana In-Home Services Information System)

**IC 12-10-10-11(a) (4) (A)**

An examination of Demographic characteristics.

**SFY 2004**

Total clients:

**10,132<sup>3</sup>**

<b>Age</b>	<b>Total Number</b>
18 years old and under	533
19 to 59 years old	1,533
60 years old and older	8,046

<b>Gender</b>	<b>Total Number</b>
Male	2,975
Female	7,132
Unknown (not reported)	25

<b>Marital Status</b>	<b>Total Number</b>
Widowed	4,417
Single	1,646
Married	2,621
Divorced	1,141
Separated	99
Unknown (not reported)	208

<b>Race</b>	<b>Total Number</b>
African American	988
Alaskan Native	1
American Indian	1
Asian (including Japanese, Korean and Viet Nameese)	14
Caucasian	8,942
Hispanic (including Mexican)	4
Mixed Race	4
Unknown	45

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<sup>3</sup> Information Source – INsite (Indiana In-Home Services Information System)

**IC 12-10-10-11(a) (4) (B)**

An examination of impairment and medical characteristics.

**SFY 2004**

Impairments and Medical Characteristics of CHOICE clients include:

<b>Impairment or Medical Characteristic</b>	<b>Total Number</b>
Arthritis	557
Alzheimer's Disease	385
Congestive Heart Failure	378
Accidents Brain/Spinal Cord	330
Adult Diabetes	326
Cerebrovascular Accident (CVA) Late Effects	308
Hypertension	299
Diabetes Mellitus	290
Multiple Sclerosis	271
Cerebral Palsy	258
Dementia	237
Cancer (all forms)	230
Chronic Obstructive Pulmonary Disease	206
Parkinson's Disease	183
Osteoarthritis	183

The CHOICE assessment process also identifies secondary and tertiary diagnoses.

**IC 12-10-10-11(a) (5)**

A comparison of costs for all publicly funded long term care programs.<sup>4</sup>

<b>SFY 2004</b>	<b>CHOICE</b>	<b>Title III</b>	<b>Combined Home and Community - Based Waivers</b>	<b>Social Services Block Grant (SSBG)</b>
<b>Annual Expenditures</b>	\$35,894,822	\$19,288,008 (This includes \$12,090,093 for community-based services and \$7,197,915 for in-home services.)	\$48,151,312	\$6,015,919

CHOICE cost compared to nursing facility cost.<sup>5</sup>

<b>Average CHOICE Cost</b>	<b>Daily</b>	<b>Monthly</b>	<b>Annual</b>	<b>Nursing Facility Case Mix Average Rate</b>	<b>Daily</b>	<b>Monthly</b>	<b>Annual</b>
<b>State Share</b>	\$18.68	\$568.57	\$6,882.87	<b>State Share</b>	\$32.85	\$999.97	\$11,998.46
<b>Federal Share</b>	0	0	0	<b>Federal Share</b>	\$55.43	\$1,687.15	\$20,245.81
<b>Total</b>	\$18.68	\$568.57	\$6,882.87	<b>Total</b>	\$88.28	\$2,687.12	\$32,244.27

**IC 12-10-10-11(a) (6)**

Client care outcomes.

**SFY 2004**

CHOICE provided community and home care services as an alternative to institutional care for 10,132 clients.

<sup>4</sup> Information Source – Indiana Division of Aging 2004 Annual Report

<sup>5</sup> Total is weighted average based on percentage of all older adults and persons with disabilities and length of service. The state share of Medicaid costs is 37.96%. Federal funding provides the remainder.

**IC 12-10-10-11(a) (7) (A)**

A determination of the estimated number of applicants for services from the community and home options to institutional care for the elderly and disabled program who have one (1) assessed activity of daily living that cannot be performed.

**SFY 2004****CHOICE CLIENTS UNABLE TO PERFORM 1 ADL**

Count
343

**IC 12-10-10-11(a) (7) (B)**

A determination of the estimated number of applicants for services from the community and home options to institutional care for the elderly and disabled program who have two (2) assessed activities of daily living that cannot be performed.

**SFY 2004****CHOICE CLIENTS UNABLE TO PERFORM 2 ADLS**

Count
2382

**IC 12-10-10-11(a) (7) (C)**

A determination of the estimated number of applicants for services from the community and home options to institutional care for the elderly and disabled program who have three (3) or more assessed activities of daily living that cannot be performed.

**SFY 2004****CHOICE CLIENTS UNABLE TO PERFORM 3 OR MORE ADLS**

Count
7570

**Total clients**10,295<sup>6</sup>

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<sup>6</sup> Total number of clients for ADLs count differs slightly from the other CHOICE total client count due to data entry inconsistencies.



**IC 12-10-10-11(a) (7) (A) (B) and (C)**

The estimated effect of the results under clauses (A), (B) and (C) on program funding, program savings, client access, client care outcomes, and comparative costs with other long-term care programs.

**In SFY 2004****Program savings**

The average state cost per month, for CHOICE services was \$431.34 less than the average state cost to maintain someone in an institution (\$568.57 vs. \$999.97).

**Client care outcomes**

CHOICE funded services provided community and home care services as an alternative to institutional care for 10,132 clients.

**Client access**

CHOICE clients had access to many different services, as listed on page 3, IC 12-10-10-11(a) (3).

**Costs of other funding sources for services and their annual costs compared to CHOICE annual cost<sup>7</sup>:**

<b>Funding Source</b>	<b>Annual Cost - SFY 2004</b>
CHOICE	\$35,894,822
SSBG	\$6,015,919
Title III (This includes \$12,090,093 for community-based services and \$7,197,915 for in-home services.)	\$19,288,008
Medicaid Waivers (Assisted Living, Aged and Disabled, Medically Fragile Children and Traumatic Brain Injury Medicaid Waivers)	\$48,151,312

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<sup>7</sup> Information Source - Indiana Division of Aging 2004 Annual Report